



OHIO ACADEMY OF
FAMILY PHYSICIANS

ABFM Part 2: Self-Assessment Module (SAM) Group Learning Session on Diabetes.

Complete SAMs with your peers and get it done faster -- and better.

It can be difficult to take time away from home and your practice to meet the American Board of Family Medicine (ABFM) Maintenance of Certification (MC-FP) requirements. Scheduled in conjunction with the 2010 Members Assembly in August, OAFP will be offering a one-day SAM Working Group Session focused on diabetes that will offer family physicians a convenient and high-quality solution to their MC-FP Part II needs.

Benefits of Participation:

- Complete your diabetes SAMs knowledge questions and patient simulation - all in one session;
- Earn 15 CME credits and satisfy your ABFM Part II requirement after you've completed the module;
- Opportunity to meet your family medicine peers and visit with health care vendors from across the state.

Sunday, Aug. 8, 2010

10:30 a.m. – 3 p.m.

Embassy Suites Dublin in Dublin, Ohio

SAM session participant fee: \$50 for Members; \$100 for Non-members

The fee to participate in the SAM session does not include the charge that the ABFM will assess you to take their test; the amount varies depending on your re-election cycle.

Note: You will need to purchase the diabetes module from the ABFM prior to the session. You will also need a laptop with the capability to access the internet to complete the patient simulation portion of the module.

Before you attend, you have a little homework to do!

1. If this is your first step in your ABFM Maintenance of Certification plan, you will need to call the ABFM (1.888.995.5700) and obtain a user name and password. Please tell them you are interested in signing up for a Self Assessment Module. You may already have a user name and password as a result of previous use of the Board's website, but please confirm this. If you have any questions about how many SAMs are required for you (depending on your re-election cycle) or when you need them completed by, the ABFM can assist you. **The ABFM will charge a fee to take their test; the amount varies depending on your re-election cycle. This fee is in addition to the cost to participate in the OAFP program.**
2. Go to the American Board of Family Medicine Web site (www.theabfm.org) and log-in with your user name and password and you will be taken to the "Physician Portfolio" page. In the "Physician Portfolio", on the left hand side, there is a link titled "Track your Progress". Click this link. On the "Track Your Progress" page at the very top, there are links to "Begin a Part II Module and Begin a Part IV Module". Click the "Begin a Part II Module". You will be taken to a page with different modules to choose from. Click "**Begin Diabetes**". This will take you to the payment screen for the assessment module. Please print out a confirmation of payment.
3. Bring your ABFM user name, password and payment confirmation to the OAFP SAMs Group Learning Session. You will also need to bring a laptop with the capability of accessing the wireless internet.

OVERVIEW: American Board of Family Medicine Maintenance of Certification for Family Physicians

What is Maintenance of Certification for Family Physicians (MC-FP)?

Maintenance of Certification for Family Physicians (MC-FP) is the process that provides the American Board of Family Medicine (ABFM) with the means to continually assess Diplomates. The American Board of Medical Specialties (ABMS), sensing growing and repeated threats from outside the medical field, determined that ABMS specialists within every discipline should be required to meet the highest standards of accountability. In response, the ABMS designed a process called Maintenance of Certification, and each specialty board within the ABMS agreed to adhere to a set structure in developing their individual programs. This structure consists of four components, each designed to assess important physician characteristics: professionalism (Part I), self-assessment and lifelong learning (Part II), cognitive expertise (Part III), and performance in practice (Part IV). Although these elements are similar to and consistent with the ABFM's long-standing recertification program, MC-FP stresses the importance of ongoing participation in activities that evaluate each of these components between recertification examinations. MC-FP is a requirement that the ABFM believes encourages clinical excellence and benefits both physicians and their patients.

The ABFM's roll-out of MC-FP was designed to gradually transition all Diplomates into the program by 2010, enrolling all physicians who certify or recertify as they successfully pass the examination. The first group entered MC-FP in 2004 and was comprised of those physicians who certified or recertified in 2003. The last group entered the program in 2010 and was comprised of those physicians who certified or recertified in 2009.

Under the current MC-FP program, each certified Diplomate must successfully complete a series of modules in three separate 3-year windows, called "stages." Completing these requirements in a timely manner within the first two stages will allow Diplomates to extend the life of their certificate from 7 to 10 years. If a Diplomate is unable or chooses NOT to meet the requirements of Stage One and/or Stage Two, the 7-year certificate remains valid, but six Part II modules and one Part IV module must be successfully completed within the 7 years preceding the Part III cognitive examination. To be considered current in MC-FP on the 7-year cycle, a Diplomate must complete one module per year. In addition to completing the modules, Diplomates are required to maintain a valid, full, and unrestricted license and to earn 300 credit hours of CME during the 6 years prior to the cognitive examination.

The requirements for Stage One

Completion of three Part II modules (Self-Assessment Modules [SAMs]) **OR** two Part II modules and one Part IV module (Performance in Practice Module [PPM] or Methods in Medicine Module [MIMM], or approved Part IV module developed by an outside vendor).

Any Diplomate who has not yet entered MC-FP will do so after their next successful recertification. At that time, they will be eligible to earn a 3-year extension to their certificate.

The requirements for Stages Two and Three

Completion of two Part II modules (SAMs) and one Part IV module (PPM or MIMM, or approved Part IV module developed by an outside vendor).

Upon successful completion of Stage Two—after the sixth year—the Diplomate will be granted a 3-year extension to the 7-year certificate.

Diplomates may apply for the recertification examination in either the ninth or tenth year of their certification cycle. However, all Stage Three requirements must be complete to be eligible for the examination.

If a Diplomate is unable or chooses not to meet the requirements of Stage One and/or Stage Two, the 7-year certificate remains valid, but six Part II modules and one Part IV module must be successfully completed in the 7 years preceding the Part III cognitive examination. To be considered current in MC-FP on the 7-year cycle, a Diplomate must complete one module per year.

Modules in each 3-year stage can be completed at the Diplomate's own pace. Only three modules can be completed in any given stage for MC-FP credit. It is not necessary to notify the ABFM of the intention to pursue the 10-year certificate. We will monitor MC-FP progress and send reminders to Diplomates to complete certain requirements before each stage deadline passes.

Part 2 – Self-Assessment and Lifelong Learning

The Self-Assessment Module (SAM) component of MC-FP has two parts that allow Diplomates to assess specific areas of knowledge of their own choosing. The purpose is to enhance knowledge and skills in areas that are of greatest use in each Diplomate's practice.

Self-Assessment Module (SAM)

SAMs, categorized as Part II modules, can be accessed through the Physician Portfolio. Diplomates can access a module as many times as necessary to achieve successful completion. Each module consists of two parts:

Knowledge Assessment—an assessment of the Diplomate's knowledge in a particular domain. Each domain consists of core competencies that the Diplomate must master. In order to successfully complete the assessment, eighty percent (80%) of the questions in each competency must be answered correctly. If the Diplomate is not successful initially, they move to a review mode, in which a critique and reference for each incorrectly answered question can be reviewed before inputting new answers to the missed questions. When the Knowledge Assessment is successfully completed, the Diplomate progresses to the computer-based Clinical Simulation.

Clinical Simulation—presents patient care scenarios corresponding to the topic chosen in the Knowledge Assessment. Simulated patients evolve in response to therapeutic interventions, investigations, and the passage of time, providing an opportunity for Diplomates to demonstrate proficiency in patient management skills.



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Mark Your Calendar

Ohio Academy of Family Physicians will be hosting a
Self-Assessment Module (SAM) Group
Learning Session on **Diabetes**.

Sunday, Aug. 8, 2010

10:30 a.m. – 3 p.m.

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(Held in conjunction with the 2010 Members Assembly)

Costs: \$50 for Members; \$100 for Non-members

Come and complete both the knowledge assessment and patient simulation of the diabetes module with your FM peers!

Lunch and continuous breaks will be provided.

Additional details can be found online at: www.ohioafp.org
Note: To complete the patient simulation, you will need to bring a laptop with the capability to access the wireless internet.